

## **“Every Single One of You: Living Above Single Life Frustrations”**

**Although I am unsure who wrote the following quote, I have seen several individuals use it from time to time and its message is so very true. It says:**

**“Being single doesn’t mean you are undesirable or unwanted. It means you know your worth, and you are waiting for someone worthy.”**

**If you are single, you are probably nodding your head right now in agreement, if not saying out loud, “That’s right.” During my 44 years of being single, I dealt with the question oh too many times, “When are you going to get married?” Sometimes you just don’t know what to say. Then sometimes you want to holler out at the top of your voice, “I want to know too,” lol! Too many times, that innocent question can cause singles to begin to doubt themselves, wonder if something is wrong with them since they are not married yet, or succumb to the statistics of society that tell women there are very few good men available to marry.**

**I want to share with you a few highlights from a single conference I hosted earlier this year entitled “Every Single One of You: Living Above Single Life Frustrations.” Some of the material I used at the conference was taken from a book I had written with this year with the very same title.**

**You ask: Can a Christian single live above single life frustrations?” To which I answer as I did at the conference, yes they can with hard work at times, perseverance, a strong prayer life, and a life of their own – meaning not waiting to get married to live, but living right now, enjoying their singleness to the fullness until God**

**blessees them with a mate. Does this mean that you will never, ever experience frustration living as a Christian single again? No, it does not. But it does mean, that you can get to a point where the seemingly single life “woes” don’t get the best of you; where you don’t second guess yourself for waiting on the “good one” that God has in store for you; where you don’t succumb to other’s statement that “You’re being too picky;” where you begin telling yourself that you might as well settle because a piece of a man is better than no man. Indeed, it doesn’t mean that you won’t ever experience frustration again, but it does mean God can and will give you peace while you wait; strong self-esteem; and open your eyes to see that you are blessed right where you are, even in your single state, where you can start making the best of every opportunity before you – educationally, business-wise, hobbies, dreams, aspirations, what have you!**

**It does mean that God can give you strength while you wait as you persistently call out to Him. He has promised in His word that if you call on Him in the day of trouble (and that means any kind of trouble), He will deliver you and you will glorify Him (Psalm 50:15). That’s His promise to you single man, single woman.**

**Again can you live above single life frustrations? Again I say you can come to a point where you truly are resting and waiting on God as you:**

- 1. Work hard to stand rather than giving in to the single aches of your heart (Ephesians 6:13)**
- 2. Persevere through temptation; heartache; tears and pity parties (Matthew 24:13; James 1:12).**
- 3. Develop a strong prayer life of YOUR OWN. Prayer is your lifeline. It is your bridge over the troubled waters**

**of single life aches. (Luke 18:1; Philippians 4:6). You should pray the hardest, when you hurt the worst.**

- 4. Get a life! Don't wait on a mate to get going in life, get going now! God knows you're single. He knows how long you have been single. He knows your every struggle; yet He came that you might have life and have it more abundantly EVEN IN YOUR SINGLE STATE (John 10:10)**

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